

Kathy Trew - Trewbelievers - Charts

Chart #	Chart Name	Tagline
0	Introduction	Teaches basic psychic tools such as grounding, protection, etc.
1	Working With The Divine	Receive coaching on how to prepare yourself and improve your connection.
2	How The Divine Communicate	Learn your psychic style and how your Guides communicate to you.
3	The Beginning	Receive inspiration/coaching from your Guides.
4	Key To Relationships	Find out how healthy your relationship is and how you can improve it!
5	Dealing With Anger	Find out what type of anger you have, how many, how strong (1-10) and get to your coaching on how to decrease it.
6	Handling Stress	Find out where your stress shows up, what it is and be guided in learning to let this go.
7	Manifest Joy	Find out what is blocking you from your joy and be guided in learning to let this go.
8	Environmental Allergies	Learn what in your environment you are allergic to/how much/what stress factors make them worse.
9	Food Allergies	Learn what your food allergies are/how strong.
10	Where Allergies Show Up	Learn where your allergies present themselves and what makes them worse.
11	Causes Of Fatigue	Learn what is causing your fatigue/how much you are affected/where it shows up
12	Fatigue Strategies	Receive general guidance on how to manage fatigue/what makes it worse
13	Alternative Therapies	General mainstream approaches are offered here.
14	Spiritual Balance	Learn your best methods to achieve/maintain spiritual balance
15	Emotional Balance	Suggestions for achieving/maintaining emotional balance.
16	Healing Inspiration	Receive inspirational healing guidance.
17	Connecting To The Goddess	Learn to ground, protect and connect to Goddess energy.
18	The Goddess Speaks	Advanced chart. Goddess chart offers you inspirational guidance from several Goddess energies. You will be gently guided to know what you need to let go of, welcome in and also shows you how you already/could connect to the Divine.
19	Career Advice	Learn where you need to improve your skills. Personal coaching and insights into how long this will take.
20	Spirit Direction Communications	Suggestions for finding out how you can best connect eg. Tarot
21	Younger You	Learn your chronological age (actual age of body not birth date), which of your body systems is aging you (or your stronger ones), and get access to guidance on how to improve your health.
22	Our Life Lessons	Learn what life lessons you have completed/are working on/how many and how far along you are (scale 1-10).
23	What's Your Fate?	If you are looking for one chart to do it all, this chart offers great general guidance.
24	Your Life Paths	Advanced Chart. Find out what your life paths are/what you are working on at the present/how you are doing (scale 1-10) and what you have yet to do.

25	Reclaiming Your Soul #1	This advanced kit contains two charts. Learn the spirit guide who wishes to help you with this, what the issues are/guidance/helpers/advice/which chakra is involved/learn to allow love to heal you.
26	Reclaiming Your Soul #2	This advanced kit contains two charts. Learn the spirit guide who wishes to help you with this, what the issues are/guidance/helpers/advice/which chakra is involved/learn to allow love to heal you.
27	Crystal Guides	Find out which crystal to call upon to help you/how to use these.
28	Coaching Through Fear	Get to know what type of fear you have/how strong it is/get coached on how to move this/check back to see how you are doing.
29	Connect To Your Ancestors & Guides	Advanced Chart. Learn to connect to your ancestors/guides for inspiration/guidance.
30	Vitaminds & Minerals	Advanced Chart and please use discernment. Guidance around many vitamins and minerals.
31	Sexual Ecstasy Balance	Learn what holds you back from your own sexual ecstasy/balance and get to your Divine advice and personal affirmations to aid you.
32	Spiritual Mentors	Advanced chart for those who want to go even further. You can find out who (of the one listed) are your guides, what challenges/gifts they offer and how far along you are (scale 1-10) in completing your challenges).
33	Animal Talk & Health	Be guided to know which of your animals system is in question and how to approach better health. Fun chart in that you can also find out what animal would like to say to you.
34	Reincarnation Past Lives	Advanced chart. Learn how many times you have been here on earth/where/male/female/your relationship to others/life lessons/paths.
35	Fast Tracking Your Psychic Abilities	Advanced chart. Learn how to increase your vibrations.
36	Healing With Colour	Find out which colours you need to work with and how.
37	Raise Your Vibrations With Colour	For those of you who connect visually and with colour this is a great way to facilitate raising your vibrations.
38	Creating Intimacy	Here's a chart meant to work along with another person. Access guidance on how to increase your intimacy.
39	What Kind of Lover Are You	Fun chart to find out what kind of lover you are/they are/and what you both need!
40	Letting Go	Be guided to where you are carrying your energy blocks/what they are/what you could be doing to facilitate clearing of these.
41	Physical Health	Advanced Chart. Learn which body system is the weakest (or strongest), generally why and what alternative health avenues could offer you more info. and healing.
42	Addictions	Advanced chart and please use discernment. Learn your type of addiction, strength (1-10), signs that are displayed and guidance to facilitate healing.
43	Attracting Abundance	Identify and learn to shift your fears and triggers to reach your highest potential.
44	Healing Shame	Be gently guided at your own pace to release "shame blocks"